

MENTAL HEALTH WEEK AT BLUE

MAY 6TH-10TH



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MENTAL HEALTH WEEK KICK OFF

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DEPARTMENT GRATITUDE WALL

Spring into gratitude by creating a wall displaying your gratitude
More information to come.



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BODY WEIGHT FITNESS CLASS

WITH JESSE BETTIO

Come join us at 8am!

Limited spots available, sign up today!



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FIND YOUR ZEN PHOTO CONTEST

Share your peace and calm spot with us!

More information to come.



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Track your steps here



10,000 STEP CHALLENGE

Our goal is to see how many steps Blue Mountain takes in 1 day!

Track your steps & tally up your department.



EMAIL HR@BLUEMOUNTAIN.CA WITH ANY QUESTIONS

**Employee Events organized and promoted by the Human Resources Department, Environment Department, and/or the Joint Health and Safety Committee, are optional and not part of a Blue Mountain Resorts LP employee's job requirements. Any employee who participates in such an event does so voluntarily and at his/her own risk



Learn a skill. Grow your network.

SHE SHARES SKILLS SERIES: Knitting Workshop

with Christine Goodale

MAY 15TH 4:30-6:30PM

LOCATED AT ROC - MAIN FLOOR TRAINING ROOM

SCAN QR CODE
TO REGISTER



Email hr@bluemountain.ca with any questions

REDUCE, REUSE, REPURPOSE

Spring Cleaning Clothing Drive

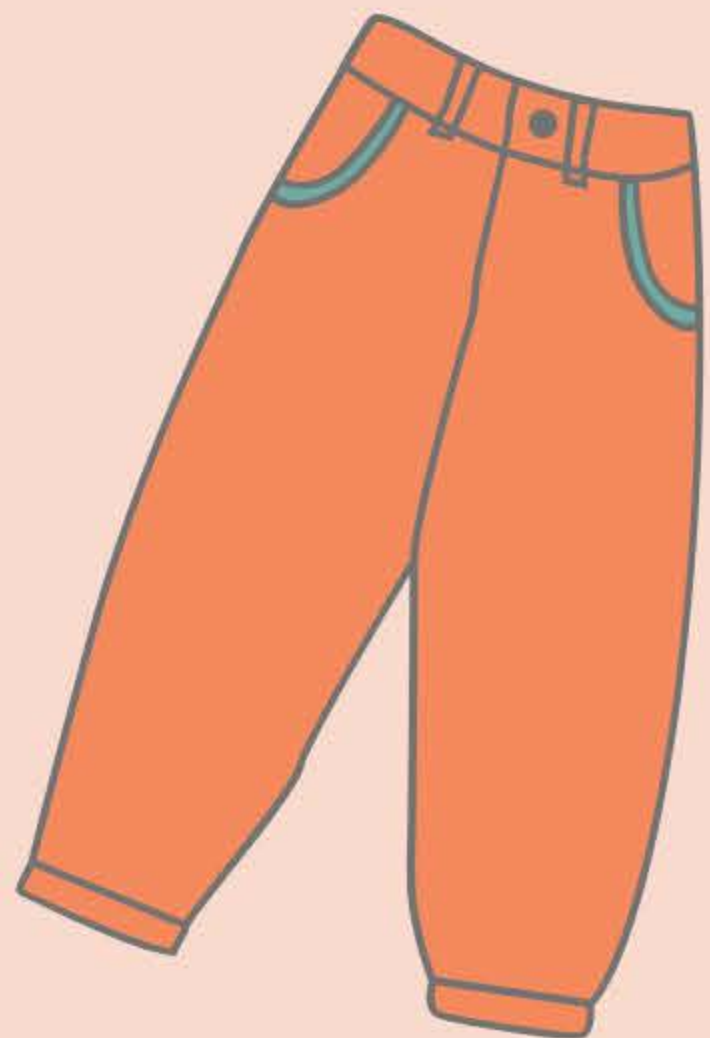


May 27-31, 2024

Drop off donations at the HR office located at
190 Gord Canning Drive anytime between
9:00am-5:00pm during the collection days!

ACCEPTED ITEMS:

- CLOTHING
- ACCESSORIES, JEWELRY AND PURSES
- SPORTING GOODS (BIKES, SKI, GOLF)
- SHOES, BOOTS
- CHILDREN'S CLOTHING
- FELT HANGERS
- LINEN



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